

FIVE TV STARS ON THE RISE THIS FALL

THESE ACTORS ARE READY FOR A BIG YEAR. PAGES 18-19



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UPSTATE UPSET

NFL. All of a sudden, all is right with the Giants as they spiked Rex Ryan's Bills Sunday in Orchard Park, 24-10. The G-Men are now 2-2 on the season. PAGE 28

Andre Williams and the Giants ran over the Bills on Sunday, grabbing a big 24-10 road win. / GETTY IMAGES

Community broadband looks to expand

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Sebastian Stan on his 'Martian' victory

PAGE 15



Michelle Obama is on a new mission

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NEWS

Top 3

The best of Metro.us

1 'Jets wear orange sunglasses on flight for a rosy Sunday'

2 '5 things you need to know about Vantablack'

3 'Quincy man in need of kidney, family stamps plot on car window'



On the go

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Replacing the big guys one router at a time

Access. A small but growing group of tech-savvy New Yorkers are pushing Wi-Fi alternatives powered by community.

Brian Hall does not care for New York City's Internet providers.

A tech consultant by trade, Hall wants to tip the scales on Internet access in a city where 813,000 households across the five boroughs still lack fast Internet access by going local.

Calling it a "community-owned resilient network," Hall and a growing group of like-minded, tech-inclined New Yorkers hope their NYC Mesh project can not only hook their neighbors up but also give them an alternative.

"Our goal is to become a competitive network to Time Warner, Verizon and the rest," Hall said. "We all hate these giant telecoms. We have no real choice, so we desperately need one."

Internet providers are a long-running source of headaches for many New Yorkers. In June, a New York City audit blamed Verizon for not holding up its end of a deal to extend high-speed, broadband service to every household in the city by 2014, calling it an "egregious failure."

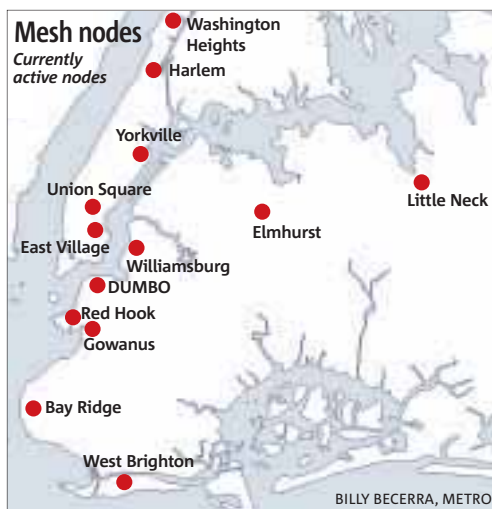
Still, mesh networks are not the same thing as the Internet. While people on a mesh network can share an Internet connection, joining the mesh doesn't necessarily mean one can cut the cord.

Access to the network is free, but users first need the proper equipment — which can cost either \$33 or \$95 for a new router. Once equipped, users can share their Internet connections, but can also connect to an intranet exclusive to those signed into the network.

And while most of the early adopters in the city are tech-oriented, Hall and his peers hope to make the mesh just as helpful for those less savvy with networks, wikis and routers.



A mesh router positioned on a solar panel on top of an apartment building on the Lower East Side. / MILES DIXON



Lee-Ann Freilich, 74, has lived in her Lower East Side apartment since 1970. Freilich credited NYC Mesh's Hall for helping her reconnect with the world after a bad spell with technology.

With Hall's help, Freilich now relies on the shared Internet connection through NYC Mesh to hear from friends and watch Netflix.

"I'm back in the world again," she said.

Outside of neighbors, mesh network users are also connecting with local bars and coffee shops. NYC Mesh members often meet up at d.b.a. bar on First Avenue, which recently began to host its own router for the network.

Mesh networks are not a new concept. Outside of the United States, certain

parts of the world with limited Internet access have developed their own free, collaborative networks.

Guifi.net in Spain surged to more than 29,700 connection points — or nodes — since its debut in 2004.

Stateside, New York City currently has 35 active nodes spread in all boroughs but Staten Island, and mostly concentrated in lower Manhattan and northern Brooklyn. One or two are being added per week.

Mesh networks most recently showed their mettle in 2012 after Hurricane Sandy crippled much of Red Hook's tech infrastructure. The Red Hook Initiative not only helped bring Internet back, but the intranet also helped connect resources to affected residents.

"It forms its own network so that if the Internet is down completely, you can still communicate with each other," Hall explained. "It helps everyone realize the usefulness of a resilient network."

That usefulness could

soon grow beyond the existing network. NYC Mesh recently offered a proposal to possibly work with New York City's ongoing project to replace outdated phone booths with state-of-the-art free Wi-Fi hubs.

A spokeswoman for the mayor's office and its technology and innovation office did not respond to Metro for comment.

However, two mesh-based projects, including the Red Hook Initiative, were a part of 11 groups to split a \$30 million federal grant to implement resiliency projects.

Hall said mesh network technology could be most useful as a means to boost the city's Wi-Fi, enabling even more New Yorkers to access the Internet.

Whatever shape the project may take as it continues to add nodes and convert users, Hall said the time is right for mesh to grow in New York City.

"It's about to happen in a really big way," he said.



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Lower East Side Pickle Fest

Pickle enthusiasts gathered on the Lower East Side on Sunday to celebrate the savory side dish. / MILES DIXON

D train

NYPD seeks two men tied to robbery, assault on Bronx subway platform

Two suspects who allegedly beat up and robbed a victim on a D train in the Bronx are on the loose, police said Sunday.

Cops said two men pushed an unidentified 38-year-old man down the stairs at the subway station at Grand Concourse and East Tremont Avenue on Sept. 28 before they began punching him.

The assault and robbery took place in broad daylight at around 3 p.m.

The suspects struck the victim several times before they yanked the man's backpack off him, stealing his wallet inside, before they ran off heading north along the Grand Concourse.

Their victim refused medical attention and reported no injuries to

police or emergency personnel.

Video surveillance at the scene caught the two men running away from the station.

Police described the first suspect as a Hispanic man, last seen wearing a gray T-shirt, black jeans and black sneakers.

The second suspect was described as a male Hispanic, last seen wearing a black T-shirt with a white square image in front of the shirt, gray jeans and red sneakers with black laces.

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NYPD

Argument with gunman

2 brothers killed in Staten Island shooting

Two brothers were shot and killed early Sunday morning in Staten Island, police said.

Authorities said Justin Ford, 28, and Terrell Ford, 27, died from gunshots fired by a gunman still on the loose.

Officers arrived at the corner of Targee Street and Vanderbilt Avenue in Fox Hills at around 3 a.m. after they received a call that a man

was shot.

When police arrived, however, they found the Ford brothers bleeding on the street, less than a five-minute walk from their home on Vanderbilt Avenue.

Paramedics rushed Terrell, who was shot in his torso to Richmond University Medical Center.

Emergency workers took Justin to Staten Island University Hospital North for gunshot wounds to his back.

Neither brother survived.

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Police ID woman killed in Brooklyn gas explosion

One missing. Ligia Puello, 64, was killed Saturday; another 13 were injured.

Even as authorities identified the woman killed in Saturday's gas explosion in Brooklyn, officials said Sunday afternoon they are still trying to locate one woman not heard of since before the blast.

Ligia Puello, 64, lived in the third floor of the Borough Park building on 13th Avenue near 42nd Street.

Officials said shortly after the explosion that Puello was killed as she walked on the stairwell not far from the source of the fire.

Paramedics found her unconscious and unresponsive at the scene, and declared her dead shortly thereafter.



Firefighters in Borough Park / GETTY IMAGES

It's unclear what condition other residents hurt in the explosion are currently in, although the city says one person was reported with severe injuries, one with moderate injuries and 10 with minor.

Police confirmed Saturday that the injured

included an unidentified 34-year-old man with a fractured leg and ankle. His 9-year-old son suffered a leg injury of his own.

Another 27-year-old man also had minor injuries to his leg and was treated. All three were treated at New York Meth-

odist Hospital.

Police remained at the scene on Sunday, barricading the area and helping tenants access certain buildings not declared to be structurally dangerous.

In all, 49 New Yorkers are currently out of their homes and are either staying with family and friends or in hotel rooms provided by the American Red Cross.

Investigators believe the explosion was caused by a gas leak after residents on the second floor moved out and took a gas stove they brought with them.

FDNY Commissioner Daniel Nigro told reporters on Saturday the former tenants might not have shut off the gas line after removing the stove.



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Drying out. Sunny skies ahead after wintry weekend

The weekend's wintry bluster came and went, opening up the rest of the week to more seasonable fall weather.

The National Weather Service expects New York City to stay dry through Thursday, with mostly sunny and clear skies with temperatures remaining no higher than 73 degrees.

Nights can still get chilly, however, with lows expected to hit as low as 52 degrees overnight.

New Yorkers were ultimately spared from Hurricane Joaquin despite early predictions it would hit the tri-state area.

Instead, however, wind gusts as high as 35 mph hit and temperatures stayed in the low 50s between Friday and Saturday.

Two people died on Friday night after their boat capsized in Jamaica Bay. Three others on the boat were treated and released.

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People on the Lower East Side in cold, fall weather. / MILES DIXON



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Sore Legs and Feet—a Sign of Serious Health Problems?

Most of us don't think much about our legs and feet until they start hurting. When they do, we may try to live with the pain, instead of seeing a doctor about it. Putting off a checkup, however, can have serious health consequences, as sometimes foot and leg problems can hide deeper health issues.

Doctor Yan Katsnelson—a Harvard-trained cardiovascular surgeon, expert in minimally invasive surgery, and founder of the USA Vein Clinics—tells us why it's so important to see a doctor sooner rather than later when experiencing leg and foot pain.

Research has shown that nearly 50% of the world's population will eventually be plagued with vein disorders. The symptoms, however, are sometimes difficult to detect during the early stages. What should we watch for?

If your feet feel tired and swollen at the end of the day, or if a tingling sensation bothers you and you see a blue, web-like pattern on your skin, it's time to see a specialist, as these could be signs of a potential problem. If you wait, the symptoms may become worse, possibly leading to pain, ulcers, and even blood clots.

There's a tendency to ignore the warning symptoms of vein disease. Why is that dangerous?

Veins are blood vessels that pump blood to the heart. They contain special valves that open to let blood flow in the right direction and close to prevent it from flowing in the wrong direction. If these valves start malfunctioning—the main symptom of varicose veins—serious complications may follow. In some cases,

without treatment, they may lead to the loss of a leg.

What do you say to people who may be frightened of doctors, or the treatments they may recommend?

I would say to readers of *Metro* and all of our patients—don't be scared! Due to a new revolutionary procedure implemented a few years ago—Endovenous Laser Treatment (EVLT)—it is practically painless, and the patient can quickly return to his/her regular activities. Treatment typically takes about half an hour if the veins at the beginning stages of the disease—more complicated cases may require several treatments. The day of the procedure, we recommend the patient walk short distances, and in two days, completely resume all physical activities. In three to four days, we check the vein status ultrasonically.

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Five things you need to know

Gunman in Oregon college massacre committed suicide

The gunman who killed his English professor and eight others at an Oregon community college committed suicide after a shootout with police who arrived within five minutes and exchanged fire with him almost immediately, authorities said.

Investigators had previously said the 26-year-old shooter was killed by the officers who raced to the rampage at Umpqua Community College in Roseburg, which ranks as the deadliest among dozens of U.S. mass shootings in the past two years.

Douglas County Sheriff John Hanlin told a news conference on Saturday the state medical examiner had determined that

the gunman, Christopher Harper-Mercer, took his own life.

Releasing a timeline of the massacre's first hour, Hanlin said two Roseburg police officers were on the scene within five minutes, and reported to dispatch that they engaged the gunman just two minutes later. Hanlin said they "neutralized" him.

"Officers responded immediately ... there was an exchange of gunfire, (and) the shooter was neutralized," the sheriff said.

"As far as the very specific information regarding whether it was an officer's bullet or his own bullet, we aren't prepared at this time to discuss." **REUTERS**



PRAYER SERVICE / GETTY IMAGES

Four California students arrested for plotting mass shooting

Four northern California students have been arrested for plotting to carry out a shooting at a high school, authorities said.

Authorities took four unidentified students into custody after they uncovered their plan to shoot and kill faculty members and students at Summerville High School, the Tuolumne County Sheriff's Office said on Saturday.

"The suspects' plan was very detailed in nature and included names of would-be victims, locations and the methods in which the plan was to be carried out," the sheriff's department said in a Facebook post. **REUTERS**

Flooding hits South Carolina, hundreds rescued

Persistent torrential rainfall in South Carolina caused major flooding on Sunday, turning some suburbs of the city of Charleston into lakes and forcing hundreds of rescues across the state.

"This is record. There's never been a rainfall like this in the city's history," Charleston Mayor Joe Riley, who is in his 40th and last year as mayor, told reporters on Sunday morning. **REUTERS**



RESCUE BOAT / GETTY IMAGES

Hillary Clinton pokes fun at herself in 'SNL' appearance

Presidential candidate Hillary Clinton dropped in at the late-night comedy show "Saturday Night Live" on Saturday, appearing in a sketch as a bartender alongside comedian Kate McKinnon, who played the former United States senator and secretary of state.

Clinton, playing Val, served McKinnon-as-Clinton and sparred with the gay comic about Clinton's record on supporting gay marriage. The Democratic presidential candidate also took shots at Republican contender Donald Trump, deepening her voice in imitation of one of his pointed pronouncements. **REUTERS**

VW to hold extraordinary board meeting on Wednesday

Volkswagen's supervisory board will hold an extraordinary meeting on Wednesday at which finance chief Hans Dieter Poetsch is expected to be appointed as new head of the 20-member controlling panel, two sources said on Sunday.

Europe's biggest car-maker admitted cheating diesel emissions tests in the United States, with 11 million vehicles affected worldwide.

As well as appointing Poetsch, the board meeting will discuss the latest findings of VW's internal investigation which has already led to more than 10 suspensions of senior managers. **REUTERS**



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Assad. Russian air campaign are vital in saving the Middle East



Wreckage of buildings are seen at the site of the Russian airstrikes targeting the Jabal al-Zawiya town of Idlib, Syria. /GETTY IMAGES

President Bashar al-Assad said the success of a military campaign by Russia, Syria and its allies was vital to save the Middle East from destruction, a day after Moscow said it would step up air strikes against Islamic State targets across Syria.

A year-long air campaign by Western and Arab air forces in Syria and Iraq had been counterproductive, Assad said, helping terrorism spread and win new recruits, but a coalition of Syria, Russia, Iran and Iraq could achieve real results.

"It must succeed otherwise we face the destruction of the entire region, not only one or two states," he said in an interview with Iranian

television broadcast on Sunday.

Assad was speaking days after Russian jets based in western Syria launched air strikes against targets Moscow has identified as Islamic State bases, but which Assad's opponents say disproportionately hit rival, foreign-backed insurgents.

The United States, France and Britain say the Russian air strikes are aimed at propping up Assad after recent rebel advances. "They are backing the butcher Assad, which is a terrible mistake, for them and the world," British Prime Minister David Cameron said.

Russia said on Sunday its planes flew 20 sorties

in Syria and struck 10 Islamic State targets in the previous 24 hours, including a training camp and a suicide-belt factory.

"We have managed to disrupt their control system, the terrorist organization's supply lines, and also caused significant damage to the infrastructure used to prepare acts of terror," Russia's defense ministry said.

Residents in the Syria province of Homs reported air strikes on Sunday they believed were carried out by Russian jets, in an area controlled by factions fighting under the umbrella of the rebel Free Syrian Army, not Islamic State.

REUTERS



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Monday, October 5, 2015

NEWS 12

Koch brothers, other 2016 mega donors warm to Carly Fiorina



Republican presidential candidate Carly Fiorina speaks during the presidential debate on Sept. 16, 2015. / GETTY IMAGES

Quoted

"My money is on her. ... I think she could be president." Tom Perkins

September 16 debate. Fiorina emerged as the most effective candidate in taking on Donald Trump.

Carly Fiorina has emerged as the Republican candidate of the moment in conservative fundraising circles, drawing the notice of the billionaire Koch brothers and other wealthy donors who could instantly remake her shoestring presidential campaign.

Fiorina's show-stealing performance in a Republican debate last month, and her subsequent surge in the polls, has prompted

industrialists Charles and David Koch to take a "serious look" at the former Hewlett-Packard chief executive, according to sources close to the brothers.

She has now moved to the short list of candidates the Kochs may support with their reported \$1 billion war chest, the sources said. Florida Sen. Marco Rubio is among those on the coveted list.

Other politically powerful mega donors are also lining up.

Texas oilman T. Boone Pickens hosted a packed luncheon at a posh Dallas venue for Fiorina in late September, while venture capitalist Tom Perkins is planning a fundraising gala in California in the next few months. **REUTERS**

Coast Guard. Debris appears to belong to missing cargo ship

Search and rescue teams on Sunday located debris which appeared to belong to the cargo ship El Faro that went missing in the eye of Hurricane Joaquin with 33 mostly American crew members aboard, the

U.S. Coast Guard and the ship's owner said.

Life jackets, containers and an oil sheen were spotted by Coast Guard aircrews flying over the Bahamas on the third day of their search for the

container ship.

The owners of the El Faro, Tote Maritime, also said two vessels it sent to the scene had found a container "which appears to be from the El Faro."

REUTERS

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WHEN IT RAINS...

The Foreman Forecast

TOM FOREMAN

TOM FOREMAN IS A CNN CORRESPONDENT AND AUTHOR OF THE UPCOMING BOOK "MY YEAR OF RUNNING DANGEROUSLY."



After a miserable week, it seems like everyone in D.C. is hoping for better days. Ill winds were blowing all around the capital, so a lot of folks are looking for some sunshine in my three things to watch this week in politics.

1. FLOODED BASEMENT: Even the opposing party had to admit, for a while there President Obama hit an amazing stride for a lame duck — firing out executive orders, making bold policy decisions and daring anyone to stop him. But last week came the deluge. New job numbers were weaker than expected, Russia's Vladimir Putin caught the administration flat-footed with bombing runs in Syria, and the secretary of education resigned (he's among the last of the old guard as the president's term draws to an end), leaving the president with a lot of mopping. He stood tall with tough talk about gun control after the latest mass shooting, and you can expect more of that — but action? Meh. His Dems don't have the power and frankly they are more concerned about the next president.

2. ERODING REPUBLICANS: If Dems are troubled by the president's problems, Joe Biden's indecision about running and Hillary Clinton's sagging poll numbers, they can console themselves with a thought: The Republicans have even worse problems. Watch for GOPers to once again spend the week trying to sandbag against the flood waters in their party. They have a vacancy to fill in the Speaker of the House job, immense uncertainty about who their presidential candidate will be in 2016, and oh yes — a remarkable talent for stumbling out into the storm without an umbrella lately.

3. AND STILL TRUMP: Predictions about Donald Trump sliding from the top of the GOP candidate polls have persisted for weeks now, and the pundits who've made those prognostications have been all wet. That said, movement in the lower ranks and some weakening at the top end suggests it may yet come — watch this week's polls to see if Trump can once again defy the insiders and stay high and dry.

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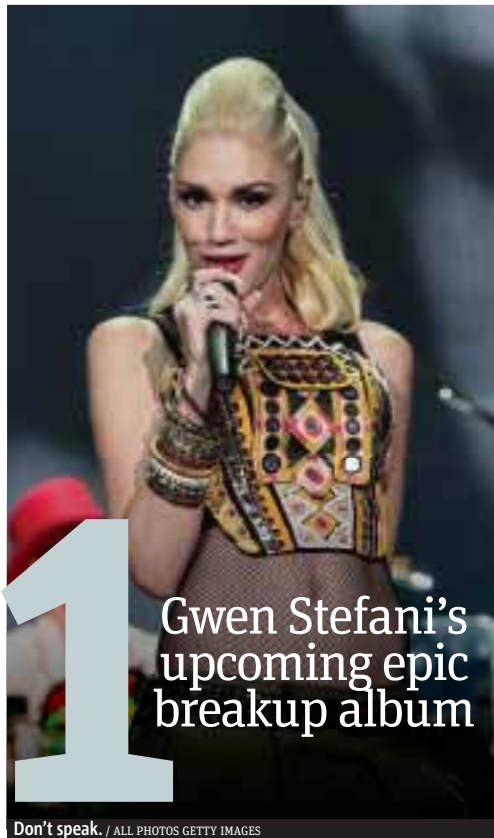
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CULTURE

THE WORD

Ned Ehrbar takes on the world of gossip.

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1

Gwen Stefani's upcoming epic breakup album

Don't speak. / ALL PHOTOS GETTY IMAGES

Gwen Stefani knows how to mine heartache for hit records — just ask No Doubt bandmate Tony Kanal. After all, Stefani made a name for herself and the band by turning their breakup into an epic pop album. So obviously soon-to-be ex-husband Gavin Rossdale should be nervous. As their divorce battle heats up, Stefani has reportedly been busy in the studio on a new solo album that's said to be "Gwen's most raw and

best work ever. Some of the songs will include the heartfelt emotions she had over suspicions Gavin had betrayed her with their nanny," a source tells Radar Online — and man, what is it with nannies these days? Stefani "is at the point that she just doesn't care about how Gavin feels about it. Music is the truest form of expression for her, and she put Gavin's needs above hers for a very long time. That is over."

Selena Gomez breaks Brooklyn Beckham's heart

It's been hot a second since we've checked in on the love lives of teenagers, hasn't it? Don't worry, OK! magazine has you covered, teasing exclusive details about the melancholy state of eldest Beckham boy, 16-year-old Brooklyn, and the number done on his heart by none other than 23-year-old Selena Gomez. According to the tabloid, Beckham's massive crush on Gomez was only intensified by her playful flirting, even



leading to the souring of his relationship with fellow famous teen Chloe Grace Moretz. "He was smitten with Selena even while he was dating Chloe, which was one of the reasons they broke up," a source tells the magazine, presumably during study hall. Gomez was apparently "flattered" but was "not convinced" it would work out. "She says Brooklyn's sweet and all, but he's just too young for her," the source adds, obviously.

Daily video



SATURDAY NIGHT LIVE / YOUTUBE

Hillary Clinton bar talk

Perhaps the one upside of the presidential race starting earlier and earlier is that "Saturday Night Live" has even more time to play to one of its biggest strengths: political mock-

ery. And who doesn't love a politician with a sense of humor about him or herself? Hillary Clinton stopped by the season premiere of "SNL" to play a bartender offering some comfort to presidential candidate Hillary Clinton (Kate McKinnon). Clinton proves to be a much

better sport than anyone could've guessed by letting McKinnon and the writers poke fun at her eventual support of gay marriage and opposition to the Keystone XL pipeline, doing a great Donald Trump impression and even duetting on "Lean on Me."

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Inside the actor's anxiety

Interview.

Sebastian Stan talks auditioning for "The Martian."

When Sebastian Stan was first offered the chance to audition for "The Martian," all he was told was that it was a Ridley Scott movie and it took place in space — and no, he couldn't read the script. It's the kind of situation that used to freak him out as an actor, but he's gotten over it.

You weren't allowed to read the script before auditioning?

It's true. Basically, I got a phone call where the casting director was on the other end saying, "You've got 48 hours to put yourself on



Sebastian Stan (center) in "The Martian" alongside Matt Damon, Jessica Chastain, Kate Mara and Aksel Hennie. / TWENTIETH CENTURY FOX

tape. There's a part in this movie, it's the last part to be cast, Ridley Scott is directing. And you can't read the script." Once I did a little

bit of research that night, I realized there was a book, and immediately I was like, is it possible for me to read a book in one night?

So what did you do?

They gave me basically three quick scenes, and none of the stuff was dramatic, per se. Sometimes when you get an audition, they select a scene that's

very dramatic or "shows your range," but these scenes were very practical, and there didn't seem to be much to them — other than speaking this very scientific language. So I kind of went in not nervous for once. I actually went in there like, "You know what? I'm going to do my best, and who knows? This is such a long shot." So

And one more

The one that got away

Is there a role you regret not getting?

I remember my screen test for "Star Trek." I was in a room with J.J. Abrams. It's a screen test, so usually you get a costume and there's four cameras, but I basically was in a room with him and eight really old Mac computers and

him going at me, "There's something that looks like a polar bear, and he's chasing you, and now you've come across this huge cliff, but it's pink because of the atmosphere and so on. You're just at the edge of this thing and you're about to fall, and go!" I was 22 at the time; I was so nervous. That's the only one I didn't get that turned out to be a monstrous hit.

actually that might have helped.

But everything's a long shot, isn't it?

Yeah, but you always have to audition with these big directors like Ridley, and that's a given. You put your ego aside and you go for it, but it's always a weird process. When I was younger, I used to take it personally.

"Am I good enough?" But as you get older you realize there's so many different intricacies. Now, it helps that some of the movies I didn't get didn't turn out to be hits, and then you feel like you've dodged a bullet. [Laughs]



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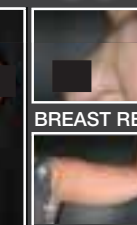
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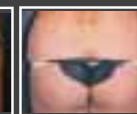
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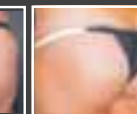
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“Fraction Of An Inch” Success And Failure With Popular Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer

Manhattan - In just a moment I'm going to tell you about a very “candid” and somewhat embarrassing moment I had with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. **A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?**

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from **real medical treatments**.

That's also why no ethical doctor would promise or

guarantee ANY results... for ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: “cure for knee arthritis” or “eliminates all pain” or “works for everyone” you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplementation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a “must read.”

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints decreases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating away at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically. Treatment with this special lubricating gel is called

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City



Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Northern New Jersey ever since word got out of their advanced medical procedure for knee arthritis

Viscosupplementation.

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in New York City. This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplementation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

“All Doctors Are Human And Sometimes They Mess Up”

I discovered that this treatment must be VERY

PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between Knee Arthritis Treatment?

Should Know... *That Might Be Keeping You In Pain*

Here's something incredible: I was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... *but the imaging proved him wrong.*

I was amazed how only a ***fraction of an inch*** would make the difference **between** success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at this clinic have taken it one giant

step further to give their patients the best. They do not just use one form of confirmation during treatment - they use two in their **"double confirmation"** process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were not.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

Who Is This For?

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Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call **800-227-KNEE (5633)** and tell the scheduling expert who answers the phone, "I would like a complimentary knee arthritis screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

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Why A Fraction Of An Inch Can Be The Difference: Advanced imaging is used to "double confirm" placement of lubricating gel on the surface of the arthritic joint - giving the best possible chance to


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Successful Treatment
Exact Placement Of Lubricating Gel
When Using Advanced Imaging



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Joint By TINY Amount Causes Failure



Fractions Of An Inch Can Be The Difference Between Success And Failure - Using The Most Advanced Digital Imaging Can Be The Difference Between Relieving Your Pain Or Continued Suffering

The next big names in TV

Fall TV. It wouldn't be fall without a group of actors about to become famous.

Every season of TV brings a mix of returning shows, big new ideas and, well, new shows that look a lot like old shows. But it also means a set of new faces, any of whom might become the big-name TV stars of tomorrow. Now that we're a few weeks into the TV season, here's who we think will be 2015's major breakout stars.



Priyanka Chopra

Bollywood star Chopra is making her splashy American debut in "Quantico," a show that somehow combines the DNA of "Homeland" and "Grey's Anatomy." That might seem like an odd pairing, but when it comes down to it, photogenic young people in dangerous situations are always pretty appealing. The show's premiere episode attracted quite a bit of attention, and Chopra, as the show's star, is poised to become the face of that success.

Jaimie Alexander

The concept might have sounded a little goofy — tattooed, naked amnesiac discovered in Times Square has crime clues hidden in her tattoos — but it's a concept that people have tuned in for. No doubt

that's partly because of Alexander's grounded portrayal of someone who behaves with an appealing mix of fear and bravado when it comes to figuring out just what's happened to her, and who was involved.



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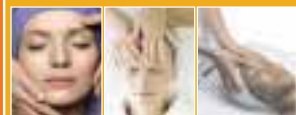


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Fred Savage

OK, hear us out: This guy might not exactly be a new name. But Savage hasn't taken a starring onscreen role since 2006, and has mostly been a director in the years since he charmed everyone as the youthful protagonist of "The Wonder Years." His lead role in Fox's "The Grinder" is a reminder that he's actually a compelling and natural performer with a keen sense of comic timing even when he's playing the straight man.

Rachel Bloom

Talk about your big breaks: Prior to getting the lead in musical comedy "Crazy Ex-Girlfriend," Bloom had mostly done voiceover work, though she had a thriving career as a writer and performer of comedic songs. Classics such as a

tune about wanting to be seduced by famed sci-fi author Ray Bradbury and a desperate attempt to find a theater nerd to watch the Tonys with were no doubt part of what got her the role.



Jussie Smollett

Sure, "Empire" came out last season, but that was all about viewers falling in love with Taraji P. Henson's Cookie. Now that it's back, it might be time for the rest of the cast to get a little attention, and Smollett's turn as tortured, talented, ambitious Jamal seems likely to net him plenty of the spotlight. Plus, the show seems to be setting him up as the villain this season, which is always a good way to show off your acting skills.



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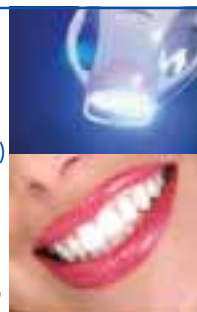
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Aries Don't expect others to fight your battles for you. There will be no one to blame but yourself if you are reluctant to participate.



Taurus It's time to recharge and re-group. A day of low-key activity will do you good. Get engrossed in a hobby or book in order to ease your stress.



Gemini You will inadvertently stifle your progress. You know what will work, so stick to your game plan and stop second-guessing your every move.



Cancer You will be sensitive. Don't begin a new venture. Putting the finishing touches on a current project will give you a better sense of fulfillment.



Leo Finalize deals, sign contracts or develop a partnership. Make sure your paperwork is in order and up-to-date before you proceed.



Virgo You can't expect to overcome your competition if you are unprepared. Research current trends and pick up any qualifications required.



Libra Someone is trying to discredit you. You can gain the upper hand by carrying out your tasks with efficiency and confidence.



Scorpio If you want others to recognize how knowledgeable you are, advertise what you have to offer. Self-promotion is essential.



Sagittarius Some important decisions need to be made. Regardless of what your plans are, you should put your responsibilities first.



Capricorn Valuable connections will require a lot of compromise and nurturing. The results you get from collaboration will surprise you.



Aquarius You thrive when challenged. Boredom will set in if you wait for others to initiate change. Find a position or vocation that inspires you.



Pisces Plan to have some fun. Reconnect with an old friend, attend an interesting event or work on a hobby that brings you joy. **EUGENIA LAST**

Across

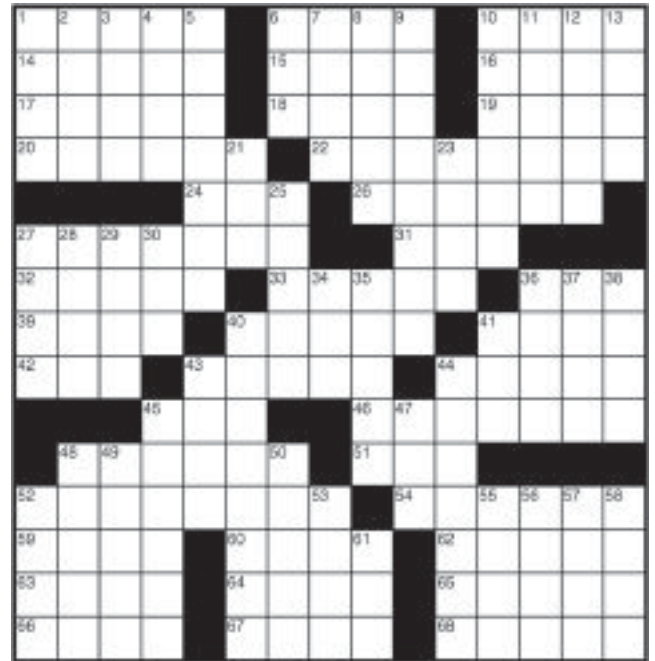
- 1 Quark hangouts
6 Pantyhose shade
10 Margarita ingredient
14 Brown pigment
15 — — for one's money
16 Black, in verse
17 Not slouching
18 Woolly animals
19 — spumante
20 Leans backward
22 Decline (3 wds.)
24 Souffle ingredient
26 Cousins of crows
27 Political thaw
31 Youngster
32 Outback minerals
33 Poolside turban
36 A thousand G's
39 Quaint weapon
40 Marched in a line
41 Oater backdrop
42 Autumn mo.
43 Like many estates
44 Trimmed back
45 "— Rheingold"
46 Like LPs
48 Pops
51 Cartoon shriek
52 Sinus treatment (2 wds.)
54 Complexion flaw
59 That's — —!
60 Yeps' opposite
62 Greek moneys

- 63 Incites Fido
64 Festive nights
65 Porch adjuncts
66 Pressure, slangily
67 Young Lennon
68 Home of a brave

Down

- 1 On board ship
2 Geog. region
3 Fuel cartel
4 Wis. neighbor
5 Glossy fabrics
6 Keep an — to the ground
7 Rugged cliff
8 Scuttlebutt
9 Tacit
10 Took an apartment
11 "Ghosts" author
12 Specks of dust
13 Oklahoma town
21 Noncom
23 Pecan shape
25 Catch on (2 wds.)
27 Extinct bird
28 Adventure tale
29 Dainty sweet
30 Reindeer's kin
34 Grand — Opry
35 Jam in tightly
36 Griffin of TV

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- 37 Shrink's reply (2 wds.)
38 Alan or Cheryl
40 Dirty tricks (2 wds.)
41 Famous Chairman
43 Pant
44 Slowest

- 45 Most parched
47 Gym iteration
48 Prove false
49 City in New York
50 Barrel slat
52 Humorous Ogden

- 53 Mets' former ballpark
55 Type of swan
56 Boarding school
57 Unhurried gait
58 Latin I verb
61 Common ID

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easy

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*Goffred Lempere, et al., "Ascll" Permanent Injectable for Soft Tissue Augmentation: 1. Mechanism of Action and Injection Techniques, Aesthetic Plast Surg 2010 Jun; 34(2):264-72.

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HOW TO GET AHEAD

Obama on why we should care *about girls' education*

jobs
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First lady Michelle Obama high-fives
Charlize Theron, a fellow girls'
education advocate.

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The first lady and her friends explain how.



EMILY LAURENCE
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It was a full house in the Apollo Theater last week at Glamour magazine's The Power of an Educated Girl event. On the stage sat first lady of the United States Michelle Obama, actress Charlize Theron (who is the founder of Charlize Theron Africa Outreach Project) and former Australian Prime Minister Julia Gillard.

These powerhouse women came together to educate the audience about the 62 million girls around the world who lack access to education. For over an hour, the panel spoke of how girls risked their lives every day just for the chance to go to school. Moving, sure. But then one high schooler in the audience asked the panel a question that stood out from the rest: Why should we even care?

Education promotes peace

"If we want to end global poverty, if we want to improve the plight of our country, educating girls is the key to that. It just is," the first lady responded. Gillard jumped in, citing hard facts: "The more time people spend in school, the more likely they are to look for peaceful conflict solutions and the more likely they are to support democracy." If we want the world to be a more peaceful place, advocating for education for all is crucial.

It keeps people healthy

Theron is from South Africa, where more people are infected with HIV than anywhere else in the world. Through her work, she says she's learned that staying in school has a direct correlation with staying healthy — and not just in South Africa. "In Zimbabwe, girls are five times more likely to not get HIV if they stay in school," she says.

It breeds next-generation global leaders

Sitting next to Obama on the stage sat Nurfahada, a 16-year-old from the Philippines who shared how hard it was for girls

to stay in school in her country. "Many can't get to school because of violence," she says. "A lot of girls can't go to school because they have to work to support their families. But the biggest reason girls drop out of school is because of teenage pregnancy." Nurfahada has been connecting with global nonprofits to ask government officials to pass laws so girls can go to school instead of being pressured to drop out. "Just imagine if Nur-

fahada couldn't get an education," Obama told the crowd. "What a waste that would be."

Obama stressed that millions of girls around the world had the same exact potential as Nurfahada to make global change, but without access to an education, it couldn't happen. Who knows how many smart young people are missing the opportunity to be the next global leaders simply because they can't go to school.

What you can do

President Obama and the first lady launched Let Girls Learn, a campaign that helps provide girls across the country with the resources they need to go to school, whether that's a safe way to get there, school supplies or having their family's basic needs met so they don't have to work to provide for them.

By working with the Peace Corps, the focus of Let Girls Learn is to make community-based changes to better meet specific needs.

To see how you can help spread awareness, raise money or volunteer, go to www.usaid.gov/letgirlslearn.

Brief

U.S. grads think that college isn't worth the cost

Recent U.S. college graduates are significantly less likely to think their education was worth the expense amid concerns about growing tuition costs and student debt, according to a study by Purdue University and Gallup.

The study found that only 38 percent of graduates who earned a bachelor's degree beginning in 2006 — compared with about 50 percent of all college graduates — strongly agreed that their education was worth the cost.

The reason? Recent graduates may be more likely than older alumni to have student loan payments, and the more undergraduate debt they have, the less likely they are to say their education was worth it, the report suggests.

"To some extent, older alumni might be more likely to say their education was worth it because they are further along in

their careers and making more money," it reads.

The report was based on Web surveys from 30,151 U.S. alumni aged 18 and older with a bachelor's degree or higher from all 50 states and the District of Columbia. The surveys were conducted from Dec. 16, 2014, to June 29, 2015, and results have a margin of error of plus or minus 1 percent.

Recent graduates who had supportive relationships with professors or mentors or an internship related to their studies or who participated in extracurricular activities or a project spanning at least one semester were more likely to strongly agree that their education was worth the cost, the report found.

Sixty-three percent of recent graduates said they took out student loans for their undergraduate education, with a median loan size of \$30,000, according to the report. Reuters

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#Girlboss Sophia Amoruso's best tips to guide your career path

To celebrate the paperback edition of her best-selling book, Amoruso shares some secrets.

AMANDA VALENTOVIC
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letters@metro.us

Sophia Amoruso's book "#Girlboss" shares the story of how she started her online clothing business, Nastygal.com, and turned it into a \$100 million company before she turned 30.

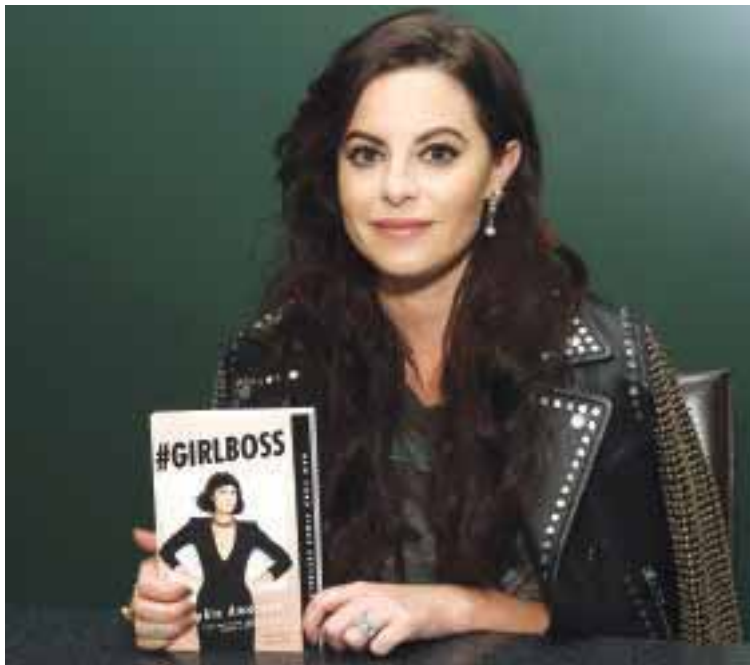
Amoruso kicked off the "#Girlboss" paperback release at the Union Square Barnes & Noble in conversation with Teen Vogue Editor-in-Chief Amy Astley. Here are three things we learned about starting your own business:

Make something you love into your business

"It's not a bad thing to professionalize what you enjoy doing," says Amoruso. "It's what I did with vintage clothing." If you really love your job, it will make your business more successful. But make sure you love it for the right reasons, not just because you think it will be popular. "If you're seeking the limelight, it won't work," Amoruso says.

Be ambitious and a team player

When hiring someone, Amoruso looks for a person who is willing to work — but not someone who isn't willing to learn. "They're ambitious but not



GETTY IMAGES

entitled," Amoruso says about qualities she looks for in employees. "If you're like that, no one will want to be around you." When you stay organized and on top of your job, you'll stand out from the crowd.

Earn everything yourself

"Working for things is really important," Amoruso says. The reward will taste so much sweeter when you know you've earned everything you've worked for yourself, especially if you've been reaching for a goal for a long time. "There's only one first time that you can earn something yourself," says Amoruso. After that, more motivation will come to keep reaching for new goals.

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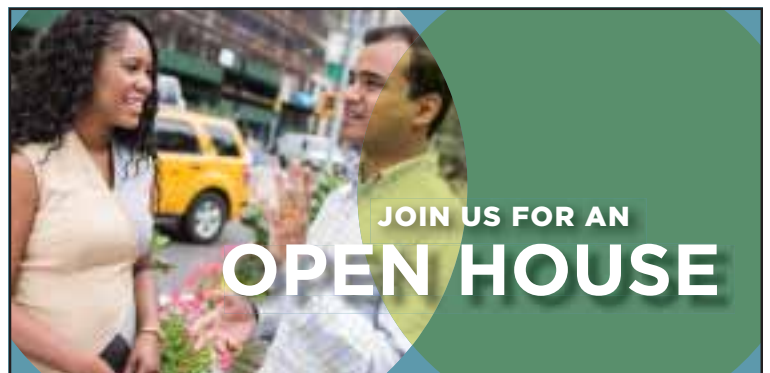
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The ideal school

How to find the right learning environment for your child.

RAQUEL LANERI
@RaquelLaner
raquel.laneri@metro.us



Each child is unique and will thrive in a different learning institution. ISTOCK

Nowadays, picking out a school for your child can be daunting. There are schools that focus on everything from aerospace to theater, institutions devoted to Montessori or Waldorf teaching methods and countless other kinds of learning environments. We asked Andrew R. Campanella, of National School Choice Week, how to make sense of it all.

Make a list

First, "make a list of all the different characteristics [you're] looking for in an ideal school," says Campanella. These can range from class size to

extracurriculars to an emphasis on specific subjects. What should always be on that list, however, is safety. "You want to make sure you're sending your child to a safe school."

Don't wait too long

Once you have your list, start researching, stat. "You need to start in winter in order to enroll your child for the next school year," says Campanella. "If you wait until summer break, all the seats will be filled up."

Visit — and ask

lots of questions

Of course, nothing beats seeing the school up close and in person, and asking lots of questions.

"Ask the school to describe how they set expectations for each individual student and what your child will learn and get out of going to school there," says Campanella.

Also, ask about how the school views parental involvement.

"You don't want a school that discourages parental involvement," he advises. "You want a school that sees you as a partner."

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She's a cool boss. ISTOCK

The Type B boss

You can be a nice person and still be an effective leader. Here's how.

RAQUEL LANERI
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Guess what: You can be nice, sensitive and introspective and still be a good boss.

It's a common misperception — even in HR — that in order to be an effective leader, you need to be aggressive, intimidating and brash. But those characteristics don't necessarily work, says Victor Lipman, author of "The Type B Manager: Leading Successfully in a Type A World."

Lipman hopes to remedy that, debunking off-held stereotypes about what makes an effective boss. He talks to us about why sensitive souls tend to be good leaders, and offers some tips for dealing with confrontation, conflict and underperforming employees in a nice way.

Use your niceness to build loyalty

"If you break management down to its essence, it's all about getting work done," says Lipman. "And many qualities normally associ-

ated with Type Bs — like being more laidback, easy-going, patient, reflective and being good communicators allow you to build relationships with people, and ultimately gets people to do the kinds of things you want them to do."

These characteristics also help build loyalty, and engagement among employees. "Most people chafe under too much authority, too much control," adds Lipman. "If someone is coming down too hard on you, chances are you're not going to relate really well to it — you might do it because you have to for a while, but it's not really the kind of environment that's going to make you want to come back for more on a regular basis."

Set employee goals at the outset

One way to minimize conflict down the road is to lay out your employees' objectives clearly so that they understand their goals and responsibilities. "Spend a lot of time on the results that you and the organization expect of them — behaviorally, if that's an issue, in terms of productivity, whatever the metrics are — and make sure that these results are as clear and measurable as they can be," advises Lipman.

A broken system

"I was a manager at a Fortune 500 company for almost 25 years," Lipman says, citing a culture that often prized Type A personalities over more empathetic ones. "And one of the many things that I saw over the years was that management was not very effective." In fact, a Gallup survey that found only 30 percent of employees are engaged in their jobs — which means a whopping 70 percent aren't. "There's an enormous cost in productivity there," says Lipman, "over \$400 billion a year."

"And have the employees agree to them," he adds. "What you end up with is this sort of rational standard that you can go back and point to if certain demands aren't being met," he adds. "So when you go to them, it doesn't make you look like the bad guy."

Find out what motivates your employees

Not all workers are motivated by the desire to please their bosses,

like it or not. But the good thing about being a communicative and empathetic boss is that you can find out what makes your employees tick — whether it's flexibility, so they can take time off to go to a kid's baseball games or work from home sometimes to care for an elder family member; a bigger office; or, yes, money. "Good managers who take the time to get to understand their employees will start to understand what they really want — and the motivational levers that they can pull to get them to commit to their jobs," says Lipman.

Know you can't avoid conflict entirely

You can be the coolest boss in the world, but you're still going to be placed in uncomfortable situations. Yes, conflict is scary, but no one likes it — even those who tend to deal with it better than others don't necessarily enjoy it. "The notion of management without high standards isn't management at all," Lipman says. "There's nothing that's mutually exclusive between being a decent person and treating people well and also requiring a high quality of work."

3 things we learned in Jets' win over Fins

NFL. The Jets moved to 3-1 on the year with a 27-14 win over their AFC East rivals.

The Jets are back on track thanks to a dominating performance Sunday at Wembley Stadium, a 27-14 win over the Dolphins.

After a humiliating first half last week against the Eagles doomed them to their first loss of the season, the Jets rebounded with a tremendous effort on both sides of the ball. Now 3-1, the Jets are off to their best start since 2010, a season that ended in the AFC Championship Game and was their last playoff appearance.

A first quarter touchdown run from Chris Ivory and then a two-minute drive ending with Ryan Fitzpatrick hitting Eric Decker staked the Jets to a 20-7 halftime lead. The Jets limited the Dolphins to 65 yards of total offense in the first two quarters.

The Jets had 283 yards in the first half, then picked things up right where they left off after halftime, marching down the field 78 yards in nine plays with Zac Stacy's two-yard dive giving the Jets a 27-7 edge.

Down 13-0, the Dolphins got a



Darrelle Revis picked off Ryan Tannehill in the fourth quarter Sunday in London. / GETTY IMAGES

touchdown back, utilizing two downfield pass interference penalties against the Jets to set up a fadeaway touchdown.

down pass to Jake Stoneburner.

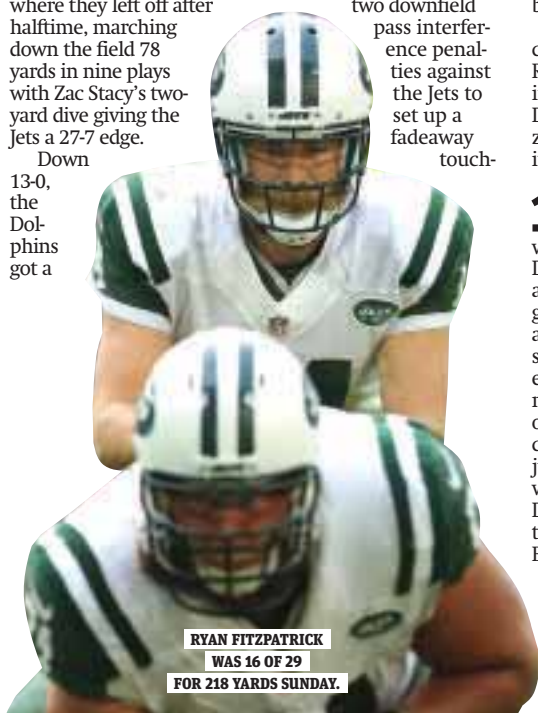
In the fourth quarter, cornerback Darrelle Revis got his 25th career interception, stopping a Dolphins drive in the red zone that could have made it a one-possession game.

1 Decker returns

After missing last week with a knee injury, Eric Decker returned and made an impact. A touchdown grab in the second quarter and a couple key drive-sustaining grabs showed exactly why Decker is massively important to the offense, even if his four catches for 46 yards don't jump off the page. He also was important in that the Dolphins couldn't double-team fellow wide receiver Brandon Marshall without being exposed; Marshall finished with seven catches for 128 yards.

2 Ivory is golden

Ivory did not play in the Eagles loss, even



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Around the NFL

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- Colts 16, Jaguars 13
- Redskins 23, Eagles 20
- Bears 22, Raiders 20
- Bengals 36, Chiefs 21
- Panthers 37, Bucs 23
- Falcons 48, Texans 21
- Packers 17, 49ers 3



AARON RODGERS
AND THE PACKERS
DUMPED SAN FRAN
SUNDAY.

though he suited up and was active. The offense looked different with his return, able to run between the tackles and open up things down the field. He had an incredible afternoon: 29 rushing attempts for 166 yards, a career-high.

3 Bowles has the right stuff

Prior to the Eagles loss, the Jets perhaps read their own press clippings too much, coming out flat in their Week 3 loss. But Todd Bowles had his team ready to play, despite uncertainties with injuries to key players and the travel to London. His team showed up and played a complete game, starting strong and continuing to take the game to the Dolphins, even as Miami tried furiously to get back into the game.

KRISTIAN DYER
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3

SPORTS



MLB

Yankees to host Astros

The Yankees will tangle with the Houston Astros on Tuesday (8 p.m., ESPN) at Yankee Stadium in a one-game wild card playoff game. The winner will advance to face the AL Central champion Royals. The Yankees will hand Masahiro Tanaka the ball Tuesday against Houston. Tanaka gave up four runs in five innings last Wednesday against the Red Sox after missing a pair of starts due to a hamstring injury.



Visit **Metro.us** to see the Mets' 2015 playoff schedule.

Giants rough up the Bills

NFL. The G-Men had their best outing of 2015 Sunday in a 24-10 win over the Bills.

The Giants were able to avoid any effects of Hurricane Joaquin, while also averting any real threat from the Buffalo Bills in a convincing 24-10 victory.

Led by a defense that figured out a way to slow down the multifaceted Bills offense, the Giants (2-2) found a way to get to .500. Linebacker Devon Kennard (four tackles, a pass defended, and an interception) and Co. did what no team was able to do to date, and that was slow down a Buffalo rushing attack that came into the contest averaging a league-best 153 yards per game. The Bills (2-2) were undermanned on offense, sans running back LeSean



Dwayne Harris celebrates a touchdown against the Bills on Sunday in Orchard Park. / GETTY IMAGES

McCoy and wideout Sammy Watkins, but that doesn't take away from Big Blue's performance — a defense that had unknowns like defensive end Kerry Wynn (team-high eight tackles) and fullback/defensive tackle Nikita Whitlock (three tackles and a sack) dominate the line of scrimmage.

1 Efficient Eli
Eli Manning was once again stealth, as he went 20 of 35 for 212 yards, three touchdowns, and an interception — his first pick of the season. He connected with five different receivers and always looked poised in the face of a manic Bills pass rush that only notched one sack — and that was from a safety blitz. Manning's poise was on full display when he coolly connected with Rashad Jennings on a hot-read swing pass off a Bills blitz. Jennings then raced 51 yards for the game-icing touchdown,

with 7:42 remaining in the fourth.

2 Taking advantage
Penalties and miscues derailed the Bills, as they racked up 17 penalties for 135 yards — and many of those were of the 15-yard variety. A holding penalty ruined a tremendous improvisational 31-yard touchdown run by quarterback Tyrod Taylor, and a chop-block with 52 seconds remaining nullified a Charles Clay touchdown, that would've brought the Bills to within seven points. Kicker Dan Carpenter also had a hand in matters when he hooked a 30-yard field goal that would've nicely capped a 13-play, 78-yard drive, and with the Bills still within striking distance. Carpenter's gaffe was followed by a great stand by the Giants' defense, as they stymied Buffalo on fourth-and-goal from the 2-yard line. And not to be outdone, wideout Robert

Woods was stripped by cornerback Prince Amukamara and safety Landon Collins, minutes later, essentially ending Buffalo's threat. The Bills just couldn't get out of their own way all afternoon, as it was the little things that stymied them — most due to their own ills, but also due to an opportunistic Giants squad.

3 Running in place
The Bills came into the contest as the top-rated rushing attack, but it was the Giants' defense that stood strong. Sure, there was no McCoy in the game, but he wasn't even the best running back on the roster this year, as rookie Karlos Williams currently holds that acclaim. Williams was stymied for most of the game Sunday, however, tallying just 40 yards on 18 carries.

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1. AMS 700® Patient Manual. Information and Instructions for Patients Considering an Inflatable Penile Prosthesis. American Medical Systems. 2012.

2. Viagra® Prescribing Information, Pfizer Inc. Revised January 2010. 3. Cialis® Prescribing Information, Lilly USA, LLC. Revised October 2011.

4. Levitra® Prescribing Information, Bayer HealthCare Pharmaceuticals. Revised November 2011.

5. Penile prosthesis. <http://www.essm.org/society/essm/males/oral/treatments/penileprosthesis.html>.

European Society for Sexual Medicine (ESSM) Web site. Downloaded May 2013.

American Medical Systems, Inc. has sponsored funding for this patient seminar and accompanying educational material.



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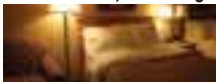
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